

May 2015

# Score BIG

with a **HEALTHY TEXAS MEAL**

*Kids, peaches are in season!* Did you know that peaches belong to the rose family? That explains their pleasant fragrance. They are a good source of vitamins A and C. Make sure to give this sweet treat a try this month!

Monday

Tuesday

Wednesday

Thursday

Friday

## Texas Scores Big,

There are more than one million peach trees planted statewide, making them one of the leading fruit crops of Texas.

Trix Cereal  
Chocolate Chip  
Oatmeal Bar  
Fresh Fruit  
Fruit Juice

4

Kid's Choice  
Cereal  
Bug Bites  
Fresh Fruit

5

Kid's Choice  
Muffin  
Fresh Fruit  
Fruit Juice

6

Kid's Choice  
Cereal  
Double Chocolate  
Oatmeal Bar  
Fresh Fruit

7

Yogurt Cup  
Chocolate Chip  
Muffin  
Fresh Fruit

8

Blueberry Muffin  
Butterscotch  
Oatmeal Bar  
Fresh Fruit  
Fruit Juice

11

Kid's Choice  
Cereal  
Bug Bites  
Fresh Fruit

12

Kid's Choice  
Muffin  
Fresh Fruit  
Fruit Juice

13

Kid's Choice  
Cereal  
Double Chocolate  
Oatmeal Bar  
Fresh Fruit

14

Yogurt Cup  
Bug Bites  
Fresh Fruit  
Fruit Juice

15

Trix Cereal  
Chocolate Chip  
Oatmeal Bar  
Fresh Fruit  
Fruit Juice

18

Kid's Choice  
Cereal  
Bug Bites  
Fresh Fruit

19

Kid's Choice  
Muffin  
Fresh Fruit  
Fruit Juice

20

Kid's Choice  
Cereal  
Double Chocolate  
Oatmeal Bar  
Fresh Fruit

21

Yogurt Cup  
Chocolate Chip  
Muffin  
Fresh Fruit

22

No School

25

Kid's Choice  
Cereal  
Bug Bites  
Fresh Fruit

26

Kid's Choice  
Muffin  
Fresh Fruit  
Fruit Juice

27

Kid's Choice  
Cereal  
Double Chocolate  
Oatmeal Bar  
Fresh Fruit

28

No School

29

Good Eats at



**Northwest Catering**

## Special Announcements

**Grades K-12  
Breakfast Menu**

All meals are served with choice of milk.  
1% white milk or Fat Free Chocolate

Menu is subject to change.



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

## "Peach Butter" Recipe

**2 quarts peaches**  
peeled, pitted, chopped

**3 cups apple cider**

**1 cup white grape juice**  
concentrated, simmered down from 2 cups

**2 Tbsp. lemon juice**

**1/4 to 1/2 tsp. almond extract (optional)**

For cooking instructions visit  
[www.texaspeaches.com/recipes.html](http://www.texaspeaches.com/recipes.html)



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## Texas Scores Big,

There are more than one million peach trees planted statewide, making them one of the leading fruit crops of Texas.

Hamburger  
Lettuce &  
Tomato  
Potato Wedges  
Fresh Fruit

4

Grilled Cheese  
Sandwich  
Corn Niblets  
Green Beans  
Pineapple Chunks  
M&M Cookie

5

Hot Dog  
Country Style  
Baked Beans  
Broccoli Florets  
Fresh Fruit

6

Cheese Pizza  
Mixed Salad  
Baby Carrots  
Fresh Fruit

7

**Breakfast for Lunch**  
French Toast Sticks  
Turkey Sausage  
Tater Tots  
Carrot Coins  
Fresh Fruit

8

Chicken Nuggets  
Green Beans  
Mashed Potatoes  
Fresh Fruit

11

Creamy Chicken  
Alfredo  
Carrot Coins  
Broccoli Florets  
Pineapple Chunks

12

Taco Salad  
Refried Beans  
Fresh Fruit  
Chocolate Chip  
Cookie

13

Cheese Pizza  
Mixed Salad  
Baby Carrots  
Fresh Fruit

14

Cheeseburger  
Lettuce  
Potato Wedges  
Pickle Spear  
Fresh Fruit

15

Spaghetti &  
Meatballs  
Mixed Salad  
Fresh Fruit  
Cinnamon Puff

18

Popcorn Chicken  
Broccoli Florets  
Carrot Coins  
Fresh Fruit

19

Zesty Nachos  
Corn Niblets  
Refried Beans  
Fresh Fruit

20

Cheese Pizza  
Mixed Salad  
Baby Carrots  
Fresh Fruit

21

Country Style BBQ  
Chicken Sandwich  
Tater Tots  
Pickle Spear  
Lettuce  
Fresh Fruit

22

**No School**

25

Grilled Cheese  
Sandwich  
Corn Niblets  
Green Beans  
Pineapple Chunks  
M&M Cookie

26

Hot Dog  
Country Style  
Baked Beans  
Broccoli Florets  
Fresh Fruit

27

Cheese Pizza  
Mixed Salad  
Baby Carrots  
Fresh Fruit

28

**No School**

29

*Good Eats at*



**Northwest Catering**

## Special Announcements

**Grades K-8  
Lunch Menu**

All meals are served with choice of milk.  
1% white milk or Fat Free Chocolate

Menu is subject to change.



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

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Hamburger  
Lettuce &  
Tomato  
Potato Wedges  
Fresh Fruit

4

Grilled Cheese  
Sandwiches  
Corn Niblets  
Green Beans  
Pineapple Chunks  
Fresh Fruit

5

Hot Dog  
Country Style  
Baked Beans  
Broccoli Florets  
Fresh Fruit  
Graham Crackers

6

Cheese Pizza  
Mixed Salad  
Baby Carrots  
Choice of Fresh  
Fruit

7

**Breakfast for Lunch**  
French Toast Sticks  
Turkey Sausage  
Tater Tots  
Carrot Coins  
Fresh Fruit

8

Chicken Nuggets  
Green Beans  
Mashed Potatoes  
Fresh Fruit  
Dinner Roll

11

Creamy Chicken  
Alfredo  
Carrot Coins  
Broccoli Florets  
Pineapple Chunks  
Fresh Fruit  
Dinner Roll

12

Taco Salad  
Refried Beans  
Fresh Fruit  
Chocolate Chip  
Cookie

13

Cheese Pizza  
Mixed Salad  
Baby Carrots  
Choice of Fresh  
Fruit

14

Cheeseburger  
Lettuce  
Potato Wedges  
Pickle Spear  
Fresh Fruit

15

Spaghetti &  
Meatballs  
Mixed Salad  
Fresh Fruit  
Cinnamon Puff

18

Popcorn Chicken  
Broccoli Florets  
Carrot Coins  
Choice of Fresh  
Fruit  
Dinner Roll

19

Zesty Nachos  
Corn Niblets  
Refried Beans  
Rice  
Fresh Fruit

20

Cheese Pizza  
Mixed Salad  
Baby Carrots  
Choice of Fresh  
Fruit

21

Country Style BBQ  
Chicken Sandwich  
Tater Tots  
Pickle Spear  
Mixed Salad  
Fresh Fruit

22

**No School**

25

Grilled Cheese  
Sandwich  
Corn Niblets  
Green Beans  
Pineapple Chunks  
Fresh Fruit

26

Hot Dog  
Country Style  
Baked Beans  
Broccoli Florets  
Fresh Fruit  
Graham Crackers

27

Cheese Pizza  
Mixed Salad  
Baby Carrots  
Choice of Fresh  
Fruit

28

**No School**

29

*Good Eats at*



**Northwest Catering**

*Special Announcements*

**Grades 9-12  
Lunch Menu**

All meals are served with choice of milk.  
1% white milk or Fat Free Chocolate

Menu is subject to change.



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COMMISSIONER SID MILLER

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